

## Platelet Aggregation Instruction (for Patients)

Test is performed at Stanford Health Care, Monday - Friday by appointment only. Please call (650)-723-4813 or (877)-717-3733 to schedule an appointment

### To make an appointment:

- Please call Special Coagulation at (650) 723-4813 or (877)-717-3733 for instructions and an appointment.
- Patient will be asked if having surgery and Patient need to disclose current medications.
- Patient referred by non-Stanford providers needs to bring a copy of the order. Orders can be pre-faxed to (650)-736-7303 by provider before making an appointment.

### After an appointment is scheduled:

- Patient must fast for at least 8 hours prior to drawing the blood for testing.
- Please avoid fatty food and caffeine for 12 hours prior to specimen collection.
- Patient must be free of aspirin or ibuprofen for 10 days prior to testing. Tylenol is okay.
- Do not smoke 2 hours prior to specimen collection.
- Patient need to arrive early in the morning for blood draw (7:00 – 9:00 am preferred) on appointment day. Patient can leave right after blood draw.
- Patient needs to bring insurance information.
- Patient referred by non-Stanford providers needs to bring a copy of the order. Orders can be pre-faxed to (650)-736-7303 before the appointment day.
- Patient referred by non-Stanford providers needs to check in at the patient admission office on the day of the appointment before heading to the draw station. Patient check-in desks are located near hospital's main entrance.
- Blood draw station location: Stanford Clinical Laboratory, Pavilion A, Level 1, A12 300 Pasteur Drive, Stanford, CA